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downloads. With so many titles and genres to select from, the possibilities are limitless. Delighted reading!

Dead Doctors Don't Lie *Legacy Communications*

Dead Doctors Don't Lie *Bayport Press*
Skyrocketing health-care costs today are forcing many people to take another look at conventional medical treatment and determine how they can eliminate a major portion of costly medical expenses. Dr. Joel D. Wallach and Dr. Ma Lan discuss the importance of the ninety essential nutrients and sixty essential minerals and how they affect your body and health. Their principle medical axiom is this: It's not what you eat that kills you, it's what you don't eat. Dr. Wallach has been involved in biomedical research and clinical medicine for 30 years. He received his B.S. Degree from the University of Missouri. Dr. Ma Lan was educated in the Peoples Republic of China. She received her M.D. from Beijing Medical University, took her residency in Peoples Hospital, Beijing and was a staff surgeon at the Canton Air Force Hospital.

Epigenetics

The Death of the Genetic Theory of Disease Transmission *SelectBooks, Inc.*

WHAT IS EPIGENETICS? Epigenetics is an emerging field of science that studies alterations in gene expression caused by factors other than changes in the DNA sequence. Epigenetics: The Death of the Genetic Theory of Disease Transmission is the result of decades of research and its findings that could be as critical to

our understanding of human health as Pasteur's research in bacteriology. Dr. Joel "Doc" Wallach has dedicated his life work to identifying connections between certain nutritional deficiencies and a range of maladies, formerly thought to be hereditary, including Cystic Fibrosis and Muscular Dystrophy. This nexus between nutrition and so-called genetic disease has been observed in both humans and primates, and it is the central theme of Epigenetics. To bring us Epigenetics, Wallach has teamed with noted scholars Dr. Ma Lan and Dr. Gerhard N. Schrauzer. Their collective expertise gives this book its far reaching perspective. Epigenetics is of vital importance to anyone who wants real knowledge about how the human body functions, and it provides a path for better health. Epigenetics dispels the dogma and misinformation propagated by medical institutions and doctors resistant to change. Epigenetics is the beginning of a new era of well-being on this planet.

Hiroshima *Vintage*

"A new edition with a final chapter written forty years after the explosion."

The Spirit Catches You and You Fall Down

A Hmong Child, Her American Doctors, and the Collision of Two Cultures *Macmillan*

A study in the collision between Western medicine and the beliefs of a traditional culture focuses on a hospitalized child of Laotian immigrants whose belief that illness is a spiritual matter comes into conflict with doctors' methods.

The Skeptic's Dictionary

A Collection of Strange Beliefs, Amusing Deceptions, and Dangerous Delusions *Wiley*

A wealth of evidence for doubters and disbelievers "Whether it's the latest shark cartilage scam, or some new 'repressed memory' idiocy that besets you, I suggest you carry a copy of this dictionary at all times, or at least have it within reach as first aid for psychic attacks. We need all the help we can get." -James Randi, President, James Randi Educational Foundation, randi.org "From alternative medicine, aliens, and psychics to the farthest shores of science and beyond, Robert Carroll presents a fascinating look at some of humanity's most strange and wonderful ideas. Refreshing and witty, both believers and unbelievers will find this compendium complete and captivating. Buy this book and feed your head!" - Clifford Pickover, author of *The Stars of Heaven* and *Dreaming the Future* "A refreshing compendium of clear thinking, a welcome and potent antidote to the reams of books on the supernatural and pseudoscientific." -John Allen Paulos, author of *Innumeracy* and *A Mathematician Reads the Newspaper* "This book covers an amazing range of topics and can protect many people from being scammed." -Stephen Barrett, M.D., quackwatch.org Featuring close to 400 definitions, arguments, and essays on topics ranging from acupuncture to zombies, *The Skeptic's Dictionary* is a lively, commonsense trove of detailed information on all things supernatural, occult, paranormal, and pseudoscientific. It covers such categories as alternative medicine; cryptozoology; extraterrestrials and UFOs; frauds and hoaxes; junk science; logic and perception; New Age energy; and the psychic. For the open-minded seeker,

the soft or hardened skeptic, and the believing doubter, this book offers a remarkable range of information that puts to the test the best arguments of true believers.

Why We Sleep

Unlocking the Power of Sleep and Dreams *Simon and Schuster*

"Sleep is one of the most important but least understood aspects of our life, wellness, and longevity ... An explosion of scientific discoveries in the last twenty years has shed new light on this fundamental aspect of our lives. Now ... neuroscientist and sleep expert Matthew Walker gives us a new understanding of the vital importance of sleep and dreaming"--Amazon.com.

Tell No One

A Novel *Ballantine Books*

David Beck has rebuilt his life since his wife's murder eight years ago, finishing medical school and establishing himself as a pediatrician, but he's never forgotten the woman he fell in love with in second grade. And when a mysterious e-mail arrives on the anniversary of their first kiss, with a message and an image that leads him to wonder whether Elizabeth might still be alive, Beck will stop at nothing to find the truth that's eluded him for so many years. A powerful billionaire is equally determined to make sure his role in her disappearance never comes to light, even if it means destroying an innocent man.

Undercover Epicenter Nurse

How Fraud, Negligence, and Greed Led to Unnecessary Deaths at

Elmhurst Hospital *Simon and Schuster*
Undercover Epicenter Nurse blows the lid off the COVID-19 pandemic. What would you do if you discovered that the media and the government were lying to us all? And that hundreds, maybe thousands of people were dying because of it? Army combat veteran and registered nurse Erin Olszewski's most deeply held values were put to the test when she arrived as a travel nurse at Elmhurst Hospital in the epicenter of the COVID-19 pandemic. After serving in Iraq, she was back on the front lines—and this time, she found, the situation was even worse. Rooms were filthy, nurses were lax with sanitation measures, and hospital-acquired cases of COVID-19 were spreading like wildfire. Worse, people who had tested negative multiple times for COVID-19 were being labeled as COVID-confirmed and put on COVID-only floors. Put on ventilators and drugged up with sedatives, these patients quickly deteriorated—even though they did not have coronavirus when they checked in. Doctors-in-training were refusing to perform CPR—and banning nurses from doing it—on dying patients whose families had not consented to "Do Not Resuscitate" orders. Erin wasn't about to stand by and let her patients keep dying on her watch, but she knew that if she told the truth, people wouldn't believe her. It was just too shocking. Willing to go to battle for her patients, Erin made the decision to go deep undercover, recording conversations with other nurses, videos of malpractice, and more. She began to share what she found on social media. Unsurprisingly, she was fired for it. Now, Erin is standing up to tell the whole horrifying story of what happened inside Elmhurst Hospital to demand justice for those who fell victim to the hospital's

greed. Not only must the staff be held accountable for their unethical actions; but also, this kind of corruption must be destroyed so that future Americans are not put at risks. The deaths have to end, and Erin won't rest until the bad actors are exposed. *Undercover Epicenter Nurse: How Fraud, Negligence, and Greed Led to Unnecessary Deaths at Elmhurst Hospital* is a shocking and infuriating inside exposé of the American healthcare system gone wrong. At the same time, it's the story of a woman who traveled from the small-town streets of Wisconsin, to the battlefields of Iraq, to the mean streets of Queens, on a quest to help fight for her country. With this book, the real battle has begun.

Sometimes I Lie

A Novel *Flatiron Books*

My name is Amber Reynolds. There are three things you should know about me: 1. I'm in a coma. 2. My husband doesn't love me anymore. 3. Sometimes I lie. Amber wakes up in a hospital. She can't move. She can't speak. She can't open her eyes. She can hear everyone around her, but they have no idea. Amber doesn't remember what happened, but she has a suspicion her husband had something to do with it. Alternating between her paralyzed present, the week before her accident, and a series of childhood diaries from twenty years ago, this brilliant psychological thriller asks: Is something really a lie if you believe it's the truth?

Nightmare Scenario

Inside the Trump Administration's Response to the Pandemic That Changed History *HarperCollins*

Instant #1 New York Times and Wall

Street Journal bestseller From the Washington Post journalists Yasmeen Abutaleb and Damian Paletta—the definitive account of the Trump administration's tragic mismanagement of the COVID-19 pandemic, and the chaos, incompetence, and craven politicization that has led to more than a half million American deaths and counting. Since the day Donald Trump was elected, his critics warned that an unexpected crisis would test the former reality-television host—and they predicted that the president would prove unable to meet the moment. In 2020, that crisis came to pass, with the outcomes more devastating and consequential than anyone dared to imagine. *Nightmare Scenario* is the complete story of Donald Trump's handling—and mishandling—of the COVID-19 catastrophe, during the period of January 2020 up to Election Day that year. Yasmeen Abutaleb and Damian Paletta take us deep inside the White House, from the Situation Room to the Oval Office, to show how the members of the administration launched an all-out war against the health agencies, doctors, and scientific communities, all in their futile attempts to wish away the worst global pandemic in a century. From the initial discovery of this new coronavirus, President Trump refused to take responsibility, disputed the recommendations of his own pandemic task force, claimed the virus would “just disappear,” mocked advocates for safe-health practices, and encouraged his base and the entire GOP to ignore or rescind public health safety measures. Abutaleb and Paletta reveal the numerous times officials tried to dissuade Trump from following his worst impulses as he defied recommendations from the experts and even members of

his own administration. And they show how the petty backstabbing and rivalries among cabinet members, staff, and aides created a toxic environment of blame, sycophancy, and political pressure that did profound damage to the public health institutions that Americans needed the most during this time. Even after an outbreak in the fall that swept through the White House and infected Trump himself, he remained defiant in his approach to the virus, very likely costing him his own reelection. Based on exhaustive reporting and hundreds of hours of interviews from inside the disaster zone at all levels of authority, *Nightmare Scenario* is a riveting account of how the United States government failed its people as never before, a tragedy whose devastating aftershocks will linger and be felt by generations to come.

Mitochondria and the Future of Medicine

The Key to Understanding Disease, Chronic Illness, Aging, and Life Itself *Chelsea Green Publishing*

With information for patients and practitioners on optimizing mitochondrial function for greater health and longevity. Why do we age? Why does cancer develop? What's the connection between heart failure and Alzheimer's disease, or infertility and hearing loss? Can we extend lifespan, and if so, how? What is the Exercise Paradox? Why do antioxidant supplements sometimes do more harm than good? Many will be amazed to learn that all these questions, and many more, can be answered by a single point of discussion: mitochondria and bioenergetics. In *Mitochondria and the Future of Medicine*, Naturopathic Doctor Lee Know tells the epic story of

mitochondria, the widely misunderstood and often-overlooked powerhouses of our cells. The legendary saga began over two billion years ago, when one bacterium entered another without being digested, which would evolve to create the first mitochondrion. Since then, for life to exist beyond single-celled bacteria, it's the mitochondria that have been responsible for this life-giving energy. By understanding how our mitochondria work, in fact, it is possible to add years to our lives, and life to our years. Current research, however, has revealed a dark side: many seemingly disconnected degenerative diseases have tangled roots in dysfunctional mitochondria. However, modern research has also endowed us with the knowledge on how to optimize its function, which is of critical importance to our health and longevity. Lee Know offers cutting-edge information on supplementation and lifestyle changes for mitochondrial optimization, such as CoQ10, D-Ribose, cannabinoids, and ketogenic dietary therapy, and how to implement their use successfully. *Mitochondria and the Future of Medicine* is an invaluable resource for practitioners interested in mitochondrial medicine and the true roots of chronic illness and disease, as well as anyone interested in optimizing their health.

In Cold Blood *Modern Library*

Selected by the Modern Library as one of the 100 best nonfiction books of all time. From the Modern Library's new set of beautifully repackaged hardcover classics by Truman Capote—also available are *Breakfast at Tiffany's* and *Other Voices, Other Rooms* (in one volume), *Portraits and Observations*, and *The Complete Stories*—Truman Capote's masterpiece, *In Cold Blood*, created a

sensation when it was first published, serially, in *The New Yorker* in 1965. The intensively researched, atmospheric narrative of the lives of the Clutter family of Holcomb, Kansas, and of the two men, Richard Eugene Hickock and Perry Edward Smith, who brutally killed them on the night of November 15, 1959, is the seminal work of the “new journalism.” Perry Smith is one of the great dark characters of American literature, full of contradictory emotions. “I thought he was a very nice gentleman,” he says of Herb Clutter. “Soft-spoken. I thought so right up to the moment I cut his throat.” Told in chapters that alternate between the Clutter household and the approach of Smith and Hickock in their black Chevrolet, then between the investigation of the case and the killers’ flight, Capote’s account is so detailed that the reader comes to feel almost like a participant in the events.

White Fragility

Why It's So Hard for White People to Talk About Racism *Beacon Press*

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including

argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

The Book of Lies *Grand Central Publishing*

Brad Meltzer--author of the #1 New York Times bestseller *The Book of Fate*--returns with his most thrilling and emotionally powerful novel to date. In Chapter Four of the Bible, Cain kills Abel. It is the world's most famous murder. But the Bible is silent about one key detail: the weapon Cain used to kill his brother. That weapon is still lost to history. In 1932, Mitchell Siegel was killed by three gunshots to his chest. While mourning, his son dreamed of a bulletproof man and created the world's greatest hero: Superman. And like Cain's murder weapon, the gun used in this unsolved murder has never been found. Until now. Today in Fort Lauderdale, Florida, Cal Harper comes face-to-face with his family's greatest secret: his long-lost father, who's been shot with a gun that traces back to Mitchell Siegel's 1932 murder. But before Cal can ask a single question, he and his father are attacked by a ruthless killer tattooed with the ancient markings of Cain. And so begins the chase for the world's first murder weapon. What does Cain, history's greatest villain, have to do with Superman, the world's greatest hero? And what do two murders, committed thousands of years apart, have in common? This is the mystery at the heart of Brad Meltzer's riveting and utterly intriguing new thriller

Black Gene Lies

Slave Quarter Cures

Black Gene Lies: Slave Quarter Cures, is a landmark expose that shows that the diseases of the Black population in America, which the medical community attributes to a terrible "Black gene," are in fact caused by regional and cultural eating habits and nutritional deficiencies of trace elements that are easily, safely and economically overcome by the use of simple nutritional supplement program and herbal remedies. There are many diseases that appear in the Black community at a greater rate than in the white community (i.e.-hypertension, type II diabetes, arthritis, osteoporosis, cancer, cardiovascular disease, obesity, etc.), however the underlying causes are simply cultural dietary choices and nutritional deficiencies and they are absolutely not genetic--Amazon.com.

Coronavirus: A Book for Children

Nosy Crow

What is the coronavirus, and why is everyone talking about it? Engagingly illustrated by Axel Scheffler, this approachable and timely book helps answer these questions and many more, providing children aged 5-10 and their parents with clear and accessible explanations about the coronavirus and its effects - both from a health perspective and the impact it has on a family's day-to-day life. With input from expert consultant Professor Graham Medley of the London School of Hygiene & Tropical Medicine, as well as advice from teachers and child psychologists, this is a practical and informative resource to help explain the changes we are currently all experiencing. The book is free to read and download, but Nosy Crow would like to encourage readers,

should they feel in a position to, to make a donation to:
<https://www.nhscharitiestogether.co.uk/>

The Right to Sex

Feminism in the Twenty-First Century *Farrar, Straus and Giroux*

"Laser-cut writing and a stunning intellect. If only every writer made this much beautiful sense." —Lisa Taddeo, author of *Three Women* "Amia Srinivasan is an unparalleled and extraordinary writer—no one X-rays an argument, a desire, a contradiction, a defense mechanism quite like her. In stripping the new politics of sex and power down to its fundamental and sometimes clashing principles, *The Right to Sex* is a bracing revivification of a crucial lineage in feminist writing: Srinivasan is daring, compassionate, and in relentless search of a new frame." —Jia Tolentino, author of *Trick Mirror: Reflections on Self Delusion* "Amia Srinivasan reveals both the material opportunities and dead-ends of a century-long conscious trajectory towards female empowerment. *The Right to Sex* reminds us of the foundational complexities to Women's Liberation ideas and why we are still grappling with them. This gathering of evidence invites readers to create new knowledge." —Sarah Schulman, author of *Let the Record Show: A Political History of ACT UP New York, 1987-1993* Thrilling, sharp, and deeply humane, philosopher Amia Srinivasan's *The Right to Sex: Feminism in the Twenty-First Century* upends the way we discuss—or avoid discussing—the problems and politics of sex. How should we think about sex? It is a thing we have and also a thing we do; a supposedly private act laden with public meaning; a personal

preference shaped by outside forces; a place where pleasure and ethics can pull wildly apart. How should we talk about sex? Since #MeToo many have fixed on consent as the key framework for achieving sexual justice. Yet consent is a blunt tool. To grasp sex in all its complexity—its deep ambivalences, its relationship to gender, class, race and power—we need to move beyond yes and no, wanted and unwanted. We do not know the future of sex—but perhaps we could imagine it. Amia Srinivasan's stunning debut helps us do just that. She traces the meaning of sex in our world, animated by the hope of a different world. She reaches back into an older feminist tradition that was unafraid to think of sex as a political phenomenon. She discusses a range of fraught relationships—between discrimination and preference, pornography and freedom, rape and racial injustice, punishment and accountability, students and teachers, pleasure and power, capitalism and liberation. *The Right to Sex: Feminism in the Twenty-First Century* is a provocation and a promise, transforming many of our most urgent political debates and asking what it might mean to be free.

Pet Sematary

A Novel *Simon and Schuster*

A family moves into a beautiful old home in rural Maine, not realizing the horror that awaits them from the pet cemetery and Indian burial ground behind the house.

The House of God *Dell Publishing Company*

Intern Roy Basch becomes disillusioned with the medical establishment when he sees his fellow interns fall for the

illusions that destroy a doctor's ability to relate to and really care for his patients. Reprint.

Suicide

The Forever Decision : for Those Thinking about Suicide and for Those who Know, Love, Or Counsel Them *Crossroad Publishing Company*

This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.

The Afghanistan Papers

A Secret History of the War *Simon and Schuster*

The groundbreaking investigative story of how three successive presidents and their military commanders deceived the public year after year about America's longest war, foreshadowing the Taliban's recapture of Afghanistan, by Washington Post reporter and three-time Pulitzer Prize finalist Craig Whitlock. Unlike the wars in Vietnam and Iraq, the US invasion of Afghanistan in 2001 had near-unanimous public support. At first, the goals were straightforward and clear: to defeat al-Qaeda and prevent a repeat of 9/11. Yet soon after the United States and its allies removed the Taliban from power, the mission veered off course and US officials lost sight of their original objectives. Distracted by the war in Iraq, the US military became mired in an unwinnable guerrilla conflict in a country it did not understand. But no president wanted to admit failure, especially in a war that began as a just cause. Instead, the Bush, Obama, and Trump

administrations sent more and more troops to Afghanistan and repeatedly said they were making progress, even though they knew there was no realistic prospect for an outright victory. Just as the Pentagon Papers changed the public's understanding of Vietnam, The Afghanistan Papers contains startling revelation after revelation from people who played a direct role in the war, from leaders in the White House and the Pentagon to soldiers and aid workers on the front lines. In unvarnished language, they admit that the US government's strategies were a mess, that the nation-building project was a colossal failure, and that drugs and corruption gained a stranglehold over their allies in the Afghan government. All told, the account is based on interviews with more than 1,000 people who knew that the US government was presenting a distorted, and sometimes entirely fabricated, version of the facts on the ground. Documents unearthed by The Washington Post reveal that President Bush didn't know the name of his Afghanistan war commander—and didn't want to make time to meet with him. Secretary of Defense Donald Rumsfeld admitted he had "no visibility into who the bad guys are." His successor, Robert Gates, said: "We didn't know jack shit about al-Qaeda." The Afghanistan Papers is a shocking account that will supercharge a long overdue reckoning over what went wrong and forever change the way the conflict is remembered.

Brain On Fire: My Month of Madness
Penguin UK

'My first serious blackout marked the line between sanity and insanity. Though I would have moments of lucidity over the coming days and weeks, I would never

again be the same person ...' Susannah Cahalan was a happy, clever, healthy twenty-four-year old. Then one day she woke up in hospital, with no memory of what had happened or how she had got there. Within weeks, she would be transformed into someone unrecognizable, descending into a state of acute psychosis, undergoing rages and convulsions, hallucinating that her father had murdered his wife; that she could control time with her mind. Everything she had taken for granted about her life, and who she was, was wiped out. *Brain on Fire* is Susannah's story of her terrifying descent into madness and the desperate hunt for a diagnosis, as, after dozens of tests and scans, baffled doctors concluded she should be confined in a psychiatric ward. It is also the story of how one brilliant man, Syria-born Dr Najjar, finally proved - using a simple pen and paper - that Susannah's psychotic behaviour was caused by a rare autoimmune disease attacking her brain. His diagnosis of this little-known condition, thought to have been the real cause of devil-possession through history, saved her life, and possibly the lives of many others. Cahalan takes readers inside this newly-discovered disease through the progress of her own harrowing journey, piecing it together using memories, journals, hospital videos and records. Written with passionate honesty and intelligence, *Brain on Fire* is a searingly personal yet universal book, which asks what happens when your identity is suddenly destroyed, and how you get it back. 'With eagle-eye precision and brutal honesty, Susannah Cahalan turns her journalistic gaze on herself as she bravely looks back on one of the most harrowing and unimaginable experiences one could ever face: the

loss of mind, body and self. *Brain on Fire* is a mesmerizing story' -Mira Bartók, New York Times bestselling author of *The Memory Palace* Susannah Cahalan is a reporter on the New York Post, and the recipient of the 2010 Silurian Award of Excellence in Journalism for Feature Writing. Her writing has also appeared in the New York Times, and is frequently picked up by the Daily Mail, Gawker, Gothamist, AOL and Yahoo among other news aggregator sites.

The Dead House *Little, Brown Books for Young Readers*

Welcome to the Dead House. Three students: dead. Carly Johnson: vanished without a trace. Two decades have passed since an inferno swept through Elmbridge High, claiming the lives of three teenagers and causing one student, Carly Johnson, to disappear. The main suspect: Kaitlyn, "the girl of nowhere." Kaitlyn's diary, discovered in the ruins of Elmbridge High, reveals the thoughts of a disturbed mind. Its charred pages tell a sinister version of events that took place that tragic night, and the girl of nowhere is caught in the center of it all. But many claim Kaitlyn doesn't exist, and in a way, she doesn't - because she is the alter ego of Carly Johnson. Carly gets the day. Kaitlyn has the night. It's during the night that a mystery surrounding the Dead House unravels and a dark, twisted magic ruins the lives of each student that dares touch it. Debut author Dawn Kurtagich masterfully weaves together a thrilling and terrifying story using psychiatric reports, witness testimonials, video footage, and the discovered diary - and as the mystery grows, the horrifying truth about what happened that night unfolds.

The Immortal Life of Henrietta Lacks *Crown*

#1 NEW YORK TIMES BESTSELLER • "The story of modern medicine and bioethics—and, indeed, race relations—is refracted beautifully, and movingly."—Entertainment Weekly NOW A MAJOR MOTION PICTURE FROM HBO® STARRING OPRAH WINFREY AND ROSE BYRNE • ONE OF THE "MOST INFLUENTIAL" (CNN), "DEFINING" (LITHUB), AND "BEST" (THE PHILADELPHIA INQUIRER) BOOKS OF THE DECADE • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS • WINNER OF THE CHICAGO TRIBUNE HEARTLAND PRIZE FOR NONFICTION NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • Entertainment Weekly • O: The Oprah Magazine • NPR • Financial Times • New York • Independent (U.K.) • Times (U.K.) • Publishers Weekly • Library Journal • Kirkus Reviews • Booklist • Globe and Mail Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor Southern tobacco farmer who worked the same land as her slave ancestors, yet her cells—taken without her knowledge—became one of the most important tools in medicine: The first "immortal" human cells grown in culture, which are still alive today, though she has been dead for more than sixty years. HeLa cells were vital for developing the polio vaccine; uncovered secrets of cancer, viruses, and the atom bomb's effects; helped lead to important advances like in vitro fertilization, cloning, and gene mapping; and have been bought and sold by the billions. Yet Henrietta Lacks remains virtually unknown, buried in an unmarked grave. Henrietta's family did not learn of her "immortality" until more than twenty

years after her death, when scientists investigating HeLa began using her husband and children in research without informed consent. And though the cells had launched a multimillion-dollar industry that sells human biological materials, her family never saw any of the profits. As Rebecca Skloot so brilliantly shows, the story of the Lacks family—past and present—is inextricably connected to the dark history of experimentation on African Americans, the birth of bioethics, and the legal battles over whether we control the stuff we are made of. Over the decade it took to uncover this story, Rebecca became enmeshed in the lives of the Lacks family—especially Henrietta’s daughter Deborah. Deborah was consumed with questions: Had scientists cloned her mother? Had they killed her to harvest her cells? And if her mother was so important to medicine, why couldn’t her children afford health insurance? Intimate in feeling, astonishing in scope, and impossible to put down, *The Immortal Life of Henrietta Lacks* captures the beauty and drama of scientific discovery, as well as its human consequences.

Pinocchio, the Tale of a Puppet

Pinocchio, The Tale of a Puppet follows the adventures of a talking wooden puppet whose nose grew longer whenever he told a lie and who wanted more than anything else to become a real boy. As carpenter Master Antonio begins to carve a block of pinewood into a leg for his table the log shouts out, "Don't strike me too hard!" Frightened by the talking log, Master Cherry does not know what to do until his neighbor Geppetto drops by looking for a piece of wood to build a marionette. Antonio gives the block to Geppetto. And thus

begins the life of Pinocchio, the puppet that turns into a boy. *Pinocchio, The Tale of a Puppet* is a novel for children by Carlo Collodi is about the mischievous adventures of Pinocchio, an animated marionette, and his poor father and woodcarver Geppetto. It is considered a classic of children's literature and has spawned many derivative works of art. But this is not the story we've seen in film but the original version full of harrowing adventures faced by Pinnocchio. It includes 40 illustrations.

Rebecca

It's All in Your Head!

How the 12 Cranial Nerves in Your Head Effect Your Bodies Health and How to Fix It... Without a Doctor!

How the 12 cranial nerves in your head effect your bodies health and how to fix it.

Angels in America: A Gay Fantasia on National Themes

Revised and Complete Edition

Theatre Communications Group

A revised and complete edition of this modern classic, featuring a new foreword from author Tony Kushner.

Think Again

The Power of Knowing What You Don't Know *Penguin*

#1 New York Times Bestseller "THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In *Think Again*, Adam Grant weaves together research and storytelling to help us build the intellectual and

emotional muscle we need to stay curious enough about the world to actually change it. I've never felt so hopeful about what I don't know." —Brené Brown, Ph.D., #1 New York Times bestselling author of *Dare to Lead* The bestselling author of *Give and Take* and *Originals* examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval--and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people's minds--and our own. As Wharton's top-rated professor and the bestselling author of *Originals* and *Give and Take*, he makes it one of his guiding principles to argue like he's right but

listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. *Think Again* reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom.

The Truth About COVID-19

Exposing The Great Reset, Lockdowns, Vaccine Passports, and the New Normal *Chelsea Green Publishing*

USA Today, Wall Street Journal, and Publishers Weekly National Bestseller "An eloquent, charismatic, and knowledgeable [critique] of a corrupt system."—Robert F. Kennedy, Jr., from the foreword "Dr. Mercola is a visionary, pioneer, and leader."—Del Bigtree, host of *The Highwire* Multiple New York Times best-selling author Dr. Joseph Mercola and Ronnie Cummins, founder and director of the Organic Consumers Association, team up to expose the truth—and end the madness—about COVID-19. Through vigorous research, over 500 references to peer-reviewed scientific journal articles, official government statistics, and public health research findings from around the world,

the authors lay bare the urgent need for a global awakening. It is time to come together, demand the truth, and take control of our health. The Truth About COVID-19 is your invitation to join Dr. Mercola and Cummins as they educate and organize for a healthy, equitable, democratic, and regenerative future. *The Paperback Edition is Updated with a New Preface by Dr. Mercola* "Phenomenal . . . required reading for this time in our lives."—Shawn Stevenson, host of The Model Health Show "Dr. Merola has changed the way we think about health."—Dave Asprey, New York Times bestselling author and host of Bulletproof Radio

Rhino Express

Talking to Strangers

What We Should Know about the People We Don't Know *Little, Brown*

Malcolm Gladwell, host of the podcast Revisionist History and author of the #1 New York Times bestseller *Outliers*, offers a powerful examination of our interactions with strangers and why they often go wrong—now with a new afterword by the author. A Best Book of the Year: The Financial Times, Bloomberg, Chicago Tribune, and Detroit Free Press How did Fidel Castro fool the CIA for a generation? Why did Neville Chamberlain think he could trust Adolf Hitler? Why are campus sexual assaults on the rise? Do television sitcoms teach us something about the way we relate to one another that isn't true? Talking to Strangers is a classically Gladwellian intellectual adventure, a challenging and controversial excursion through history, psychology, and scandals taken straight from the news. He revisits the deceptions of Bernie Madoff, the trial of

Amanda Knox, the suicide of Sylvia Plath, the Jerry Sandusky pedophilia scandal at Penn State University, and the death of Sandra Bland—throwing our understanding of these and other stories into doubt. Something is very wrong, Gladwell argues, with the tools and strategies we use to make sense of people we don't know. And because we don't know how to talk to strangers, we are inviting conflict and misunderstanding in ways that have a profound effect on our lives and our world. In his first book since his #1 bestseller *David and Goliath*, Malcolm Gladwell has written a gripping guidebook for troubled times.

Everybody Is Sick, and I Know Why

An Eye-Opening Exposé Regarding the Abject Failures of MD-directed Medicine; and a Testimony Regarding the Promise of Applied Naturopathic Medical Therapeutics

Dr. Glidden brings 30 years of clinical experience as a licensed Naturopathic doctor to bear on this eye-opening exposé regarding the abject failures of MD-directed allopathic medicine. He also helps you to understand the simple, elegant and effective philosophy, and treatment strategies of Naturopathic medicine; and he gives you a taste of the results of his clinical work. Sick and tired of being sick and tired? Let Dr. Glidden take you on a guided tour of the undiscovered country of science-based, clinically applied Wholistic medicine. You won't regret it - and quite frankly, it could very well save your life...

The Boy Who Came Back from Heaven

A True Story A Remarkable Account of Miracles Angels, and Life beyond this

World AN ACCIDENT, A MIRACLE , and a SUPERNATURAL ENCOUNTER that will give you new insights on Heaven, angels, and hearing the voice of God. In 2004, Kevin Malarkey and his six-year-old son, Alex, suffered a terrible car wreck. The impact from the crash paralyzed Alex - and it seemed impossible that he could survive. When Alex awoke from a coma two months later, he had an incredible story to share. Of events at the accident scene and in the hospital while he was unconscious. Of the unearthly music that sounded just terrible to a six-year-old. Of the angels who took him through the gates of Heaven itself. And, most amazing of all . . . of meeting and talking to Jesus. *The Boy Who Came Back from Heaven* is the true story of an ordinary boy's most extraordinary journey. As you see Heaven and earth through Alex's eyes, you'll come away with new insights on miracles, life beyond this world, and the power of a father's love.

The Truth about Nutrition

Children Under Fire

An American Crisis *HarperCollins*

Longlisted for the PEN/John Kenneth Galbraith Award for Nonfiction Winner of the Goddard Riverside Stephan Russo Book Prize for Social Justice *A Newsweek Favorite Book of 2021 *An NPR 2021 "Books We Love" selection *A Washington Post Notable Work of Nonfiction *A Kirkus "2021's Best, Most Urgent Books of Current Affairs" selection Based on the acclaimed series—a finalist for the Pulitzer Prize—an intimate account of the devastating effects of gun violence on our nation's children, and a call to action for a new way forward In 2017, seven-

year-old Ava in South Carolina wrote a letter to Tyshaun, an eight-year-old boy from Washington, DC. She asked him to be her pen pal; Ava thought they could help each other. The kids had a tragic connection—both were traumatized by gun violence. Ava's best friend had been killed in a campus shooting at her elementary school, and Tyshaun's father had been shot to death outside of the boy's elementary school. Ava's and Tyshaun's stories are extraordinary, but not unique. In the past decade, 15,000 children have been killed from gunfire, though that number does not account for the kids who weren't shot and aren't considered victims but have nevertheless been irreparably harmed by gun violence. In *Children Under Fire*, John Woodrow Cox investigates the effectiveness of gun safety reforms as well as efforts to manage children's trauma in the wake of neighborhood shootings and campus massacres, from Columbine to Marjory Stoneman Douglas. Through deep reporting, Cox addresses how we can effect change now, and help children like Ava and Tyshaun. He explores their stories and more, including a couple in South Carolina whose eleven-year-old son shot himself, a Republican politician fighting for gun safety laws, and the charlatans infiltrating the school safety business. In a moment when the country is desperate to better understand and address gun violence, *Children Under Fire* offers a way to do just that, weaving wrenching personal stories into a critical call for the United States to embrace practical reforms that would save thousands of young lives.

Bright Side

Secrets. Everyone has one. Some are bigger than others. And when secrets are

revealed,Some will heal you ...And some will end you.Kate Sedgwick's life has been anything but typical. She's endured hardship and tragedy, but throughout it all she remains happy and optimistic (there's a reason her best friend Gus calls her Bright Side). Kate is strong-willed, funny, smart, and musically gifted. She's also never believed in love. So when Kate leaves San Diego to attend college in the small town of Grant, Minnesota, the last thing she expects is to fall in love with Keller Banks.They both feel it.But they each have a reason to fight it.They each have a secret.And when secrets are revealed,Some will heal you ...And some will end you.

The Way I Am *Penguin*

Chart topping-and headline-making-rap artist Eminem shares his private reflections, drawings, handwritten lyrics, and photographs in his New York Times bestseller *The Way I Am*. Fiercely intelligent, relentlessly provocative, and prodigiously gifted, Eminem is known as much for his enigmatic persona as for being the fastest-selling rap artist and the first rapper to ever win an Oscar. Everyone wants to know what Eminem is really like-after the curtains go down. In *The Way I Am*, Eminem writes candidly, about how he sees the world. About family and friends; about hip-hop and rap battles and his searing rhymes; about the conflicts and challenges that have made him who he is today. Illustrated with more than 200 full-color and black-and-white photographs-including family snapshots and personal Polaroids, it is a visual self-portrait that spans the rapper's entire life and career, from his early childhood in Missouri to the basement home studio he records in today, from Detroit's famous Hip Hop

Shop to sold-out arenas around the globe. Readers who have wondered at Em's intricate, eye- opening rhyme patterns can also see, first-hand, the way his mind works in dozens of reproductions of his original lyric sheets, written in pen, on hotel stationary, on whatever scrap of paper was at hand. These lyric sheets, published for the first time here, show uncut genius at work. Taking readers deep inside his creative process, Eminem reckons with the way that chaos and controversy have fueled his music and helped to give birth to some of his most famous songs (including "Stan," "Without Me," and "Lose Yourself"). Providing a personal tour of Eminem's creative process, *The Way I Am* has been hailed as "fascinating," "compelling," and "candid."

Dr Stanton

If happiness is a gift.Then Cameron Stanton is my Santa Claus.I can't tell you the exact moment I fell in love with him.Only that I did.With every glance, every touch, every minute.... he stole a little more of me.They say that all men are created equal.Well that's a blatant lie!I know because I met Gods gift to women in Vegas,I pretended he was my husband to get rid of another man.He took our fake marriage seriously and it became his personal goal to consummate.He spoke to me in French and I lied to him in German.His laughter was addictive.But I thought what happens in Vegas would stay in Vegas.Until it didn't.Dr. Stanton turned up where I least expected and my lies came back to haunt me.The attraction is palpable.The secrets unchangeable.I need him more than air.This is a stand alone, contemporary romance.