
Remember Be Here Now

Remember Be Here Now

*Downloaded from ftp.paragourmet.com
by Vanessa & Olsen*

WELCOME TO FTP.PARAGOURMET.COM BOOKSTORE!

At our bookstore, we believe that **Remember Be Here Now** have the power to carry us to new globes and spark our enthusiasms. That's why we offer a **variety** of **books** that accommodate all **rate of interests** and **analysis degrees**. Whether you're a seasoned viewers or simply starting your literary journey, we have something for every person.

Our collection includes both physical and **Remember Be Here Now electronic publications**, in addition to **audiobooks**, so you can select the style that ideal matches your choices. We also supply **customized publication suggestions** based on your **passions** and past analysis experiences.

Join our neighborhood of **publication lovers** and **link** with like-minded individuals that share your passion for literature. We take satisfaction in showcasing brand-new ability and **emerging voices** in the literary globe, so you can uncover promising writers that are pressing borders and redefining categories.

Shop with us today and uncover the pleasure and expertise that **Remember Be Here Now publications** bring.

Secret Takeaways of Remember Be Here Now

- Our shop offers a **wide array** of Remember Be Here Now in numerous layouts, including physical and **digital books** and **audiobooks**.
- We give **tailored book suggestions** based upon your **rate of interests** and past analysis experiences.
- Join our community of **Remember Be Here Now book lovers** to **link** with similar individuals and expand your literary perspectives.
- We display new ability and **arising voices** in the literary globe, so you can discover encouraging authors who are pressing limits and redefining genres.
- **Check out** our collection and discover the joy and expertise that Remember Be Here Now books bring.

EXPLORE OUR WIDE ARRAY OF REMEMBER BE HERE NOW!

At our shop, we pride ourselves on offering a substantial range of

publications in various styles. Our company believe that every person should have access to literary works that speaks to them and improves their lives. That's why we aim to have something for every person in our collection.

Whether you're a fan of fiction, non-fiction, romance, mystery, or any other category, we have something to satisfy your analysis yearnings. Our shelves are equipped with both classic and modern titles, and our educated staff is always available to assist direct you in the ideal direction.

Our company believe that reading is a trip of exploration, and we want to help you embark on that journey in the most effective feasible means. That's why we offer a **wide variety** of Remember Be Here Now to select from, so you can locate the ideal match for your passions and checking out preferences.

Explore our variety of this Remember Be Here Now publications!

- Discover a vast array of styles
- Discover the **perfect book** for your rate of interests
- Study **captivating storytelling of Remember Be Here Now**
- **Discover brand-new writers** and **emerging voices**
- Locate books for **every ages** and **analysis levels**

So whether you're trying to find an awesome page-turner or a thought-provoking literary work of art, we have something for everyone. Come **check out** our wide array of publications and let us help you uncover your next great read!

DIVE INTO EXCITING STORYTELLING

At our store, our company believe that Remember Be Here Now are more than just ink theoretically - they're a portal to new worlds and experiences. That's why we thoroughly curate our choice to consist of books with **exciting storytelling** that will carry you to different areas and times.

From sprawling impressives to heartwarming love, our publications are loaded with strong characters and provocative motifs that will certainly maintain you involved from beginning to end. Whether you're looking for an escape from truth or a deeper understanding of the globe around you, our Remember Be Here Now publications offer something for everybody.

Our writers are masters of their craft, making use of language and images to develop brilliant worlds that really feel actual. With every turn of the web page, you'll be attracted deeper into the story, eager to uncover what occurs following.

Experience the power of

exciting narration of Remember Be Here Now

Our company believe that reading is a transformative experience that can change your life. By diving right into a **Remember Be Here Now book** with **captivating narration**, you have the power to find out brand-new things, acquire brand-new point of views, and **connect** with personalities and circumstances that might be various from your own.

Whether you're a seasoned viewers or simply beginning, our option of books with fascinating narration makes sure to leave an enduring perception. We invite you to **explore** our store and uncover the magic of storytelling for yourself.

DISCOVER NEW WRITERS AND EMERGING VOICES

At our shop, we take satisfaction in showcasing brand-new skill and arising voices in the literary world. Our team believe that every fantastic tale is worthy of to be informed and that the power of literary works lies in its capacity to intensify varied perspectives and voices.

By discovering our option, you'll have the possibility to uncover and sustain promising writers that are pushing borders and redefining categories. From thought-provoking memoirs to exhilarating debut novels, our collection spans a variety of genres and designs, guaranteeing that there's something for everybody.

So why not tip outdoors your analysis convenience zone and

uncover a new writer or arising voice today? You never know what literary gems you might uncover!

APPRECIATE THE CONVENIENCE OF PHYSICAL AND REMEMBER BE HERE NOW DIGITAL BOOKS

At our shop, we comprehend that every visitor has their own choices when it involves the style they select to read their books. That's why we offer both physical and **electronic publications of Remember Be Here Now** for your **ease**.

The Comfort of Physical Books

For those who like the feel of a **Remember Be Here Now book** in their hands and the experience of browsing the web pages, we provide a wide array of **physical books**. From hardbounds to paperbacks, our selection consists of all categories and **analysis degrees**. You can search our shelves and take your time choosing the excellent publication to contribute to your collection.

The Convenience of Digital

Books

We likewise recognize that some visitors favor the **comfort** of reading on a tablet computer or e-reader. That's why we provide a huge selection of digital publications that you can purchase and download and install effortlessly. You can take your collection with you wherever you go and delight in the benefits of having your favored publications within your reaches.

Whichever style you choose, we have actually obtained you covered. Our objective is to give you with the most effective reading experience while likewise bearing in mind your **comfort**. Shop with us today and discover the **pleasure of checking out Remember Be Here Now** in your favored style.

BOOST YOUR CHECKING OUT WITH AUDIOBOOKS

At our shop, we believe that reading ought to be a hassle-free and delightful experience for every person. That's why we offer a wide selection of **audiobooks** that you can listen to on-the-go or while kicking back in the house. With our audiobook collection, you can improve your reading experience and submerge on your own in fascinating narrations.

Our audiobooks are very carefully curated to provide the exact same degree of home entertainment and enlightenment as our physical and electronic books. Whether you're paying attention to an exhilarating mystery or a provocative memoir, our audiobooks will transport you to brand-new worlds and offer you a fresh viewpoint.

The Benefits of Audiobooks

Audiobooks offer an unique means to delight in Remember Be Here Now and improve your reading experience. Right here are several of the advantages of audiobooks:

- Useful for people that have trouble reading because of visual impairment or learning impairments.
- Great for multitasking while driving, exercising, or doing housework.
- Can improve enunciation, vocabulary, and language understanding abilities.
- Handy for people who deal with holding a publication or reading for an extended period of time.

Our audiobook collection features a range of styles and authors, so you can discover something that straightens with your reading interests. Whether you're a fan of romance, science fiction, historical fiction, or self-help books, we have alternatives that satisfy every preference.

Exactly how to Accessibility Remember Be Here Now

Audiobook Collection

You can access our audiobook collection via our web site or by visiting our physical store. We provide both physical and electronic audiobooks to fit your preferences. If you select to acquire Remember Be Here Now electronic audiobooks, you can download them instantly and start paying attention immediately. Conversely, if you like physical audiobooks, you can get them on the internet and we'll deliver them to your front door.

Improve your analysis experience with our audiobook collection today and uncover the pleasure of listening to captivating narrations that will transfer you to new worlds.

FIND BOOKS FOR ALL AGES AND READING LEVELS

As a visitor, you know that books can be taken pleasure in by people of **all ages** and reading levels. That is why our collection includes books that accommodate people of different ages and analysis skills.

For the kids, we have an extensive variety of youngsters's books, consisting of picture books, storybooks, and task books. Our selection of young adult novels makes up the latest fads and ageless classics that young adults can delight in.

If you prefer books for fully grown readers, we have a wide range of literary works that makes sure to ignite your passion. You can take your pick from contemporary jobs or explore traditional books from distinguished authors.

Whether you are an experienced bibliophile or simply starting on

your analysis trip, we have a publication for every single taste and skill level. Our group of well-informed team can aid you locate a Remember Be Here Now publication that matches your rate of interests and reviewing effectiveness.

Discover the Perfect Publication for Your Reading Degree

At our shop, we take satisfaction in accommodating visitors of **all ages** and ability levels. We understand that picking the appropriate publication can be a complicated job, especially for beginners. That is why we offer individualized referrals based upon your analysis degree and rate of interests.

We desire you to feel confident in your publication selections, and our group of specialists is here to make that occur. From youngsters's publications to adult literature, you can trust that we will certainly aid you find the excellent book that matches your reading skills and rate of interests.

Personalized

Recommendations

Our team is right here to help you locate your next literary adventure. Connect with us and obtain customized suggestions based upon your rate of interests and reviewing choices. We'll collaborate with you to find the perfect book that fits your tastes and leaves you wanting much more.

Join our area of Remember Be Here Now publication fans today and get in touch with similar people who share your interest for literary works. We can't wait to start new literary trips with you!

RECEIVE INDIVIDUALIZED PUBLICATION SUGGESTIONS

At our shop, we comprehend that choosing the best book can be overwhelming. That's why we offer customized book referrals based on your rate of interests and reading choices. Our experienced personnel is constantly ready to aid and offer customized tips to aid you locate your next great read.

Whether you're searching for a details genre, author, or style, we'll help you narrow down your choices and discover a publication that fits your tastes. We take the time to be familiar with our customers and their reading practices, making certain that each referral is distinctively tailored to their needs.

With our customized publication suggestions, you'll never ever have to lose your time or cash on a book that doesn't reverberate with you. Allow us aid you discover your following literary experience and improve your analysis experience.

GIFT THE PLEASURE OF REVIEWING REMEMBER BE HERE NOW

Publications make remarkable presents for any type of event. At our shop, we offer a large choice of publications for every ages and rate of interests, making sure that you'll discover the perfect publication for your liked ones.

Nothing beats the feeling of giving someone the **pleasure of reviewing Remember Be Here Now**. Whether it's an awesome enigma, a heartfelt romance, or a fascinating biography, books have the power to move viewers to new worlds and stimulate their creative imaginations.

With our customized recommendation solution, we can assist you select the perfect book for your recipient. Our knowledgeable personnel will certainly take into consideration their passions and reviewing preferences to provide customized suggestions that are sure to delight.

Unsure which publication to pick? Take into consideration among our **gift** cards, which enables the recipient to explore our collection and choose a publication that talks with them directly.

So why not share the magic of reviewing with those you enjoy? Provide the **Remember Be Here Now** of a book and make their day a little brighter!

REMAIN UPGRADED WITH THE MOST UP TO DATE RELEASES AND BESTSELLERS

At our shop, we pride ourselves on keeping our collection up-to-date with the **Remember Be Here Now newest releases** and

bestsellers. We know exactly how important it is to remain in the loophole with the literary globe and have the latest titles within your reaches.

Whether you're a fan of enigma books, self-help overviews, or love stories, we have the **latest launches** and **bestsellers** in every category. Our team stays on top of new releases and prominent titles, so you can always find something to read that's fresh and interesting.

Seeking something certain? Our educated staff can help you find hard-to-find titles and suggest comparable writers and titles you may appreciate. Whether you're a seasoned visitor or new to the literary world, we have something for everybody.

What's New

Several of our recent enhancements to the collection consist of:

These titles are rapidly ending up being new follower favorites and make certain to captivate you with their gripping narration and one-of-a-kind perspectives.

Do not miss out on the **Remember Be Here Now most recent releases** and bestsellers - shop with us today and discover your following preferred read!

ENJOY EXCLUSIVE DISCOUNTS AND PROMOS

At our store, our company believe that everyone should have access to wonderful books at affordable rates. That's why we offer **Remember Be Here Now special price cuts** and

promos to our valued consumers.

Sign up for our e-newsletter to receive updates on the latest **promos** and discount rates offered. You can additionally follow us on social media, where we often announce special offers and limited-time bargains.

As a part of our loyalty program, you'll receive even more **special price cuts** and benefits, including cost-free delivery and unique gifts with purchase.

Whether you're a brand-new client or a dedicated customer, we want to see to it that you have access to the most effective possible offers on our books. Shop with us today and make the most of our **unique price cuts** and **promotions**!

HASSLE-FREE ONLINE BUYING AND QUICK SHIPMENT

Buying your favorite publications has never ever been less complicated! At our store, we offer a **convenient online ordering** system that enables you to search our comprehensive collection from the convenience of your home. Simply add your desired books to your cart, enter your delivery details, and continue to check out. It's that simple!

But the comfort doesn't stop there. We also supply **rapid shipment** options that ensure you get your publications in a timely fashion. Whether you require them for a book club meeting or just can't wait to study a new tale, we've got you covered.

Delivering Alternatives

- Criterion shipment: Our typical distribution choice usually takes 3-7 company days to show up.
- Expedited delivery: Need your publications quicker? Our expedited shipment alternative guarantees distribution within 1-3 business days.
- Curbside pick-up: If you like to grab your books face to face, we likewise offer curbside pickup at choose areas.

Our group strives to guarantee your Remember Be Here Now orders are processed and shipped as swiftly as possible. Plus, with our simple online tracking system, you can watch on your package's progress every action of the method.

Experience the comfort and speed of our on the internet ordering and shipment system. Place your order today and take the initial step on your following literary experience!

CONSUMER CONTENTMENT ASSURED

At our store, we take great pride in making certain that our consumers are satisfied with their shopping experience. From the minute you begin surfing our site to the last shipment of your order, we are devoted to giving phenomenal service.

If you have any kind of questions or worries concerning your order, please don't hesitate to connect to our client service group. We are right here to assist you and ensure that you are completely pleased with your acquisition.

We offer a convenient return plan for any type of items that do not meet your expectations. We additionally provide a secure payment portal, so you can shop with self-confidence, knowing that your personal info is protected.

We back up the high quality of Remember Be Here Now publications and are confident that you will be pleased with your acquisition. If you are not completely delighted with your order, we will certainly do every little thing we can to make it right.

Our dedication to customer fulfillment is steadfast, and we make every effort to surpass your assumptions in every method feasible. Shop with us today and experience the distinction!

VERDICT

We wish you're as excited concerning the globe of Remember Be Here Now books as we are! Our store is devoted to supplying a phenomenal analysis experience for all. With our wide range of books, from brand-new releases to ageless standards, there is something for everybody. Our dedication to consumer fulfillment implies that you can shop with confidence, understanding that your order is in great hands.

Do not neglect to get in touch with us and fellow book lovers in our vibrant area. Share your preferred checks out, engage in thoughtful conversations, and find brand-new literary prizes. And if you ever require assistance discovering the excellent book, our experienced personnel is right here to offer personalized suggestions.

Be Here Now *Harmony*

A social scientist recreates his search for expanded consciousness, through the psychedelia of LSD to the final calm and inner wisdom of Rajah Yoga

Be Here Now *Harmony*

This book is enhanced with content such as audio or video, resulting in a large file that may take longer to download than expected. The enhanced edition of Be Here Now includes: Two guided video meditations, 30 minutes in length * Twenty minute video retrospective of Ram Dass' spiritual journey *The first chapter of Ram Dass' new book, Be Love Now

Be Love Now**The Path of the Heart** *Harper Collins*

Ram Dass's long-awaited Be Love Now is the transformational teaching of a forty year journey to the heart. The author of the two-million-copy classic Remember, Be Here Now and its influential sequel Still Here, Dass is joined once more by Rameshwar Das—a collaborator from the Love Serve Remember audio recordings—to offer this intimate and inspiring exploration of the human soul. Like Deepak Chopra's Book of Secrets, the Dalai Lama's Art of Happiness, and Jon Kabat-Zinn's Coming to Our Senses, Ram Dass's Be Love Now will serve as a lodestar for anyone seeking to enhance their spiritual awareness and improve their capacity to serve—and love—the world around them.

Be Here Now (Enhanced Edition) *Harper Collins*

The enhanced edition of Be Here Now includes: Two guided video meditations, 30 minutes in length * Twenty minute video retrospective of Ram Dass' spiritual journey *The first chapter of Ram Dass' new book, Be Love Now

Being Ram Dass *Sounds True*

Perhaps no other teacher has sparked the fires of as many spiritual seekers in the West as Ram Dass. If you've ever embraced the phrase "be here now," practiced meditation or yoga, tried psychedelics, or supported anyone in a hospice, prison, or homeless center—then the story of Ram Dass is also part of your story. From his birth in 1931 to his luminous later years, Ram Dass saw his life as just one incarnation of many. This memoir puts us in the passenger seat with the one time Harvard psychologist and lifelong risk-taker Richard Alpert, who loved to take friends on wild rides on his Harley and test nearly every boundary—inner or outer—that came his way. Here, Ram Dass shares his life's odyssey in intimate detail: how he struggled with issues of self-identity and sexuality in his youth, pioneered psychedelic research, and opened the doorways to Eastern spiritual practices. In 1967 he trekked to India and met his guru, Neem Karoli Baba. He returned as a yogi and psychologist whose perspective changed millions. Populated by a cast of luminaries ranging from Timothy Leary to Elisabeth Kübler-Ross, Allen Ginsberg to Sharon Salzberg, Aldous Huxley to Alan Watts—this intimate memoir chronicles Ram Dass's experience of the cultural and spiritual transformations that resonate with us to this day, a journey from the mind to the heart, from the ego to the soul. Before, after, and along these waypoints, readers will encounter

many other adventures and revelations—each ringing with the potential to awaken the universal, loving divine that links this beloved teacher to all of us.

Still Here

Embracing Aging, Changing, and Dying *Penguin*

More than thirty years ago, an entire generation sought a new way of life, looking for fulfillment and meaning in a way no one had before. Leaving his teaching job at Harvard, Ram Dass embodied the role of spiritual seeker, showing others how to find peace within themselves in one of the greatest spiritual classics of the twentieth century, the two-million-copy bestseller *Be Here Now*. As many of that generation enter the autumn of their years, the big questions of peace and of purpose have returned demanding answers. And once again, Ram Dass blazes a new trail, inviting all to join him on the next stage of the journey.

Paths to God

Living the Bhagavad Gita *Harmony*

For centuries, readers have turned to the Bhagavad Gita for inspiration and guidance as they chart their own spiritual paths. As profound and powerful as this classic text has been for generations of seekers, integrating its lessons into the ordinary patterns of our lives can ultimately seem beyond our reach. Now, in a fascinating series of reflections, anecdotes, stories, and exercises, Ram Dass gives us a unique and accessible road map for experiencing divinity in everyday life. In the engaging,

conversational style that has made his teachings so popular for decades, Ram Dass traces our journey of consciousness as it is reflected in one of Hinduism's most sacred texts. The Gita teaches a system of yogas, or "paths for coming to union with God." In *Paths to God*, Ram Dass brings the heart of that system to light for a Western audience and translates the Gita's principles into the manual for living the yoga of contemporary life. While being a guide to the wisdom of the Bhagavad Gita, *Paths to God* is also a template for expanding our definition of ourselves and allowing us to appreciate a new level of meaning in our lives.

Walking Each Other Home

Conversations on Loving and Dying *Sounds True*

An intimate dialogue between two friends and luminaries on love, death, and the spiritual path, with guidance for the end-of-life journey. We all sit on the edge of a mystery. We have only known this life, so dying scares us—and we are all dying. But what if dying is perfectly safe? What would it look like if you could approach dying with curiosity and love, in service of other beings? What if dying is the ultimate spiritual practice? Ram Dass and Mirabai Bush began their friendship more than four decades ago at the foot of their guru, Neem Karoli Baba, also known as Maharaj-ji. He transmitted to them a simple philosophy: love everyone, tell the truth, and give up attachment to material things. A year before Ram Dass passed, he reunited with Bush for an intimate dialogue—which became *Walking Each Other Home*. In this extraordinary book, you'll hear from two beloved teachers

about the spiritual opportunities within the dying process. They generously share intimate personal experiences and timeless practices with courage, humor, and heart, gently exploring every aspect of this journey. Here you'll learn about guidelines for being a "loving rock" for the dying, how to grieve fully and authentically, how to transform a fear of death, leaving a spiritual legacy, creating a sacred space for dying, and much more. "Everybody you have ever loved is a part of the fabric of your being now," says Ram Dass. The body may die, but the soul remains. Death is an invitation to a new kind of relationship, in the place where we are all One. Join these two lifelong friends and spiritual luminaries as they explore what it means to live and die consciously, remember who we really are, and illuminate the path we walk together.

Polishing the Mirror

How to Live from Your Spiritual Heart *Sounds True*

Sometimes illumination occurs spontaneously or, as Ram Dass experienced, in a heart-wrenching moment of opening. More commonly, it happens when we polish the mirror of the heart with daily practice—and see beyond the illusion of our transient thoughts and emotions to the vast and luminous landscape of our true nature. For five decades, Ram Dass has explored the depths of consciousness and love and brought them to life as service to others. With *Polishing the Mirror*, he gathers together his essential teachings for living in the eternal present, here and now. Readers will find within these pages a rich combination of perennial wisdom, humor, teaching stories, and detailed

guidance on Ram Dass' own spiritual practices, including: Bhakti Yoga—opening our hearts to unconditional love Practices for living, aging, dying, and embracing the natural flow of life Karma Yoga—how selfless service can profoundly transform us Working with fear and suffering as a path to grace and freedom Step-by-step guidance in devotional chant, meditation and mantra practice, and much more For those new to Ram Dass' teachings, and for those to whom they are old friends, here is this vanguard spiritual explorer's complete guide to discovering who we are and why we are here, and how to become beacons of unconditional love.

The Only Dance There Is *Anchor*

This book is based on talks by Ram Dass at the Menninger Foundation in 1970 and at the Spring Grove Hospital in Maryland in 1972. The text grew out of the interaction between Ram Dass and the spiritual seekers in attendance at these talks. The result of this unique exchange is a useful guide for understanding the nature of consciousness--useful both to other spiritual seekers and to formally trained psychologists. It is also a celebration of the Dance of Life--which, in the words of Ram Dass, is the "only dance there is."

How Can I Help? *Knopf*

Not a day goes by without our being called upon to help one another--at home, at work, on the street, on the phone. . . . We do what we can. Yet so much comes up to complicate this natural response: "Will I have what it takes?" "How much is enough?" "How can I deal with suffering?" "And what really helps, anyway?"

In this practical helper's companion, the authors explore a path through these confusions, and provide support and inspiration for us in our efforts as members of the helping professions, as volunteers, as community activists, or simply as friends and family trying to meet each other's needs. Here too are deeply moving personal accounts: A housewife brings zoo animals to lift the spirits of nursing home residents; a nun tends the wounded on the first night of the Nicaraguan revolution; a police officer talks a desperate father out of leaping from a roof with his child; a nurse allows an infant to spend its last moments of life in her arms rather than on a hospital machine. From many such stories and the authors' reflections, we can find strength, clarity, and wisdom for those times when we are called on to care for one another. *How Can I Help?* reminds us just how much we have to give and how doing so can lead to some of the most joyous moments of our lives.

It's Here Now (Are You?)

A Spiritual Memoir *Harmony*

Introduced to readers by Ram Dass's "Be Here Now," the author recounts how he immersed himself in Indian spirituality only to fall prey to money, sex, and celebrity on his return from India

Journey of Awakening

A Meditator's Guidebook *Bantam*

Find the practice that's right for you with this exploration of the many paths of meditation—from mantra, prayer, singing,

visualizations, and "just sitting" to movement meditations such as tai chi "Everyone has experienced a moment of pure awareness. A moment without thinking 'I am aware' or 'that is a tree.' Such moments bring a sense of rightness, of clarity, of being at one. Such moments are the essence of meditation."—Ram Dass Ram Dass is an American psychologist and spiritual teacher who has studied and practiced meditation for many years. Here he shares his understanding and suggests how you can find methods suitable for you. He illuminates the stages and benefits of meditative practice, and provides wise and often humorous advice on overcoming difficulties along the way.

Cookbook for Awakening

Core Teachings from Ram Dass

Remember, be Here Now

Grist for the Mill

Awakening to Oneness *Harper Collins*

From Ram Dass, one of America's most beloved spiritual figures and bestselling author of *Be Here Now* and *Be Love Now*, comes this timeless classic about the experience of being and the risks and rewards of our spiritual path. Originally published in 1976, *Grist for the Mill* offers a deep spiritual journey of self-discovery, and a universal understanding of what it means to "be" and to grow as human beings. The book is fully revised with a new introduction. As Ram Dass puts it, "When the faith is strong

enough it is sufficient just to be. It's a journey towards simplicity, towards quietness, towards a kind of joy that is not in time. It's a journey that has taken us from primary identification with our body and our psyche, on to an identification with God, and ultimately beyond identification."

The Harvard Psychedelic Club

How Timothy Leary, Ram Dass, Huston Smith, and Andrew Weil Killed the Fifties and Ushered in a New Age for America *Harper Collins*

This book is the story of how three brilliant scholars and one ambitious freshman crossed paths in the early sixties at a Harvard-sponsored psychedelic-drug research project, transforming their lives and American culture and launching the mind/body/spirit movement that inspired the explosion of yoga classes, organic produce, and alternative medicine. The four men came together in a time of upheaval and experimentation, and their exploration of an expanded consciousness set the stage for the social, spiritual, sexual, and psychological revolution of the 1960s. Timothy Leary would be the rebellious trickster, the premier proponent of the therapeutic and spiritual benefits of LSD, advising a generation to "turn on, tune in, and drop out." Richard Alpert would be the seeker, traveling to India and returning to America as Ram Dass, reborn as a spiritual leader with his "Be Here Now" mantra, inspiring a restless army of spiritual pilgrims. Huston Smith would be the teacher, practicing every world religion, introducing the Dalai Lama to the West, and educating generations of Americans to adopt a more tolerant,

inclusive attitude toward other cultures' beliefs. And young Andrew Weil would be the healer, becoming the undisputed leader of alternative medicine, devoting his life to the holistic reformation of the American health care system. It was meant to be a time of joy, of peace, and of love, but behind the scenes lurked backstabbing, jealousy, and outright betrayal. In spite of their personal conflicts, the members of the Harvard Psychedelic Club would forever change the way Americans view religion and practice medicine, and the very way we look at body and soul.

Miracle of Love

Stories about Neem Karoli Baba

Passages

Predictable Crises of Adult Life *Penguin*

Learn how to better navigate the challenges of adult life with Gail Sheehy's landmark bestseller—named one of the ten most influential books of our times by the Library of Congress. For decades, Gail Sheehy's *Passages* has been inspiring readers to see the predictable crises of adult life as opportunities for growth. She charts the stages between 18 and 50 as unfolding in a pattern of adult development: once recognized, more easily managed. *Passages* is an insightful road map of adulthood that illustrates with vivid stories our continuing personality and sexual changes throughout the "Trying 20s," "Catch 30s," "Forlorn 40s," and "Refreshed (or Resigned) 50s." One comment is continuously repeated by men, women, singles, couples, and people who

recover from a midlife crisis: "This book changed my life."

Reflections on the Journey

A Ram Dass Inspired Journal *Simon and Schuster*

A Ram Dass-themed journal for contemplation and reflection, featuring inspiring quotes from Ram Dass that offer writers and seekers a tool for cultivating honesty, compassion and love. *Reflections on the Journey* is a Ram Dass-inspired journal containing 12 contemplative quotes by Ram Dass and 190 lined pages for writing and reflection. The quotes are carefully curated to inspire readers and writers to search deeper within themselves to witness the truth of their being. Each quote contains loving and heartening Ram Dass wisdom, offering readers and writers a resonant tool to help them follow their life path with honesty, compassion and love.

Land of Strangers *John Wiley & Sons*

The impersonality of social relationships in the society of strangers is making majorities increasingly nostalgic for a time of closer personal ties and strong community moorings. The constitutive pluralism and hybridity of modern living in the West is being rejected in an age of heightened anxiety over the future and drummed up aversion towards the stranger. Minorities, migrants and dissidents are expected to stay away, or to conform and integrate, as they come to be framed in an optic of the social as interpersonal or communitarian. Judging these developments as dangerous, this book offers a counter-argument by looking to relations that are not reducible to local or social ties in order to

offer new suggestions for living in diversity and for forging a different politics of the stranger. The book explains the balance between positive and negative public feelings as the synthesis of habits of interaction in varied spaces of collective being, from the workplace and urban space, to intimate publics and tropes of imagined community. The book proposes a series of interventions that make for public being as both unconscious habit and cultivated craft of negotiating difference, radiating civilities of situated attachment and indifference towards the strangeness of others. It is in the labour of cultivating the commons in a variety of ways that Amin finds the elements for a new politics of diversity appropriate for our times, one that takes the stranger as there, unavoidable, an equal claimant on ground that is not pre-allocated.

Religion and Spirituality *SUNY Press*

Through the skillful use of a great variety of literary genres, this book explores the intimate relation and tension between religion and spirituality, evoking a wide range of responses that may awaken one to various possibilities of spiritual experience.

Remember, be Here Now

Here be Now, be Now Here, Now be Here

The Chestnut Man

A Novel *HarperCollins*

NOW A NETFLIX ORIGINAL SERIES If you find one, he's already

found you From the creator of *The Killing*, “a full-throttle thriller in the tradition of classic Stieg Larsson” (A.J. Finn, author of *The Woman in the Window*). Winner of the Barry Award for Best First Mystery/Crime Novel * A New York Times Book Review Best Book of the Year A psychopath is terrorizing Copenhagen. His calling card is a “chestnut man”—a handmade doll made of matchsticks and two chestnuts—which he leaves at each bloody crime scene. Examining the dolls, forensics makes a shocking discovery—a fingerprint belonging to a young girl, a government minister’s daughter who had been kidnapped and murdered a year ago. A tragic coincidence—or something more twisted? To save innocent lives, a pair of detectives must put aside their differences to piece together the Chestnut Man’s gruesome clues. Because it’s clear that the madman is on a mission that is far from over. And no one is safe.

The Divine Reality

God, Islam and The Mirage of Atheism

In *The Divine Reality*, (Newly Revised Edition 2019) Hamza Andreas Tzortzis provides a compelling case for the rational and spiritual foundations of Islam, whilst intelligently and compassionately deconstructing atheism. Join him on an existential, spiritual and rational journey that articulates powerful arguments for the existence of God, the Qur'an, the Prophethood of Muhammad and why we must know, love and worship God. He addresses academic and popular objections while showing how contemporary atheism is based on false assumptions about reality, which leads to incoherent answers to life's important

questions. Does hope, happiness and human value make sense without the Divine? Do we have an ultimate purpose? Can we have consciousness and rational minds without God? Did the universe come from nothing? Does evil and suffering negate Divine mercy? Has scientific progress led to the denial of God? Are revelation and prophethood myths? Is God worthy of our worship? If you want to know how the Islamic intellectual and spiritual tradition answers these questions then this is the book for you. Hamza Andreas Tzortzis's new book presents a much needed comprehensive account of Islamic theism that draws upon Western and Islamic thought. Hamza Tzortzis is an international speaker, writer and instructor. He has a PgCert and an MA in philosophy and is currently continuing his postgraduate studies in the field. Hamza has studied Islamic thought and theology under qualified scholars. He has delivered workshops and courses on topics related to Islamic thought and philosophy. Hamza has debated prominent academics and thinkers on Islam and atheism.

The Book

On the Taboo Against Knowing who You are *Vintage*

A witty attack on the illusion that the self is a separate ego that confronts a universe of alien physical objects.

Forget the Alamo

The Rise and Fall of an American Myth *Penguin*

A New York Times bestseller! “Lively and absorbing. . .” — The

New York Times Book Review "Engrossing." —Wall Street Journal
 "Entertaining and well-researched . . ." —Houston Chronicle
 Three noted Texan writers combine forces to tell the real story of the Alamo, dispelling the myths, exploring why they had their day for so long, and explaining why the ugly fight about its meaning is now coming to a head. Every nation needs its creation myth, and since Texas was a nation before it was a state, it's no surprise that its myths bite deep. There's no piece of history more important to Texans than the Battle of the Alamo, when Davy Crockett and a band of rebels went down in a blaze of glory fighting for independence from Mexico, losing the battle but setting Texas up to win the war. However, that version of events, as *Forget the Alamo* definitively shows, owes more to fantasy than reality. Just as the site of the Alamo was left in ruins for decades, its story was forgotten and twisted over time, with the contributions of Tejanos--Texans of Mexican origin, who fought alongside the Anglo rebels--scrubbed from the record, and the origin of the conflict over Mexico's push to abolish slavery papered over. *Forget the Alamo* provocatively explains the true story of the battle against the backdrop of Texas's struggle for independence, then shows how the sausage of myth got made in the Jim Crow South of the late nineteenth and early twentieth century. As uncomfortable as it may be to hear for some, celebrating the Alamo has long had an echo of celebrating whiteness. In the past forty-some years, waves of revisionists have come at this topic, and at times have made real progress toward a more nuanced and inclusive story that doesn't alienate anyone. But we are not living in one of those times; the fight over the Alamo's meaning has become more pitched than ever in the

past few years, even violent, as Texas's future begins to look more and more different from its past. It's the perfect time for a wise and generous-spirited book that shines the bright light of the truth into a place that's gotten awfully dark.

The Count of Chanteleine: A Tale of the French Revolution
BearManor Media

Volume 4 of the Palik Series, published in conjunction with the North American Jules Verne Society By Jules Verne. Translated by Edward Baxter; Notes by Garmt de Vries-Uiterweerd, Volker Dehs
 This adventure is for everyone who has thrilled to *The Scarlet Pimpernel*, *A Tale of Two Cities*, or *Scaramouche*. A nobleman, the Count of Chanteleine, leads a rebellion against the revolutionary French government. While he fights for the monarchy and the church, his home is destroyed and his wife murdered by the mob. Now he must save his daughter from the guillotine. This exciting swashbuckler is also a meticulous historical re-creation of a particularly bloody episode in the Reign of Terror. The Count of Chanteleine is the first English translation of this Jules Verne story, the fourth volume in the Palik series published under the auspices of the North American Jules Verne Society. Expert translation is by Edward Baxter, with critical commentary by an international team of Verne experts. Commentary by an international team of experts supports Edward Baxter's translation. Translated by Edward Baxter; Introduction by Brian Taves; Notes (including maps), by Garmt de Vries-Uiterweerd; Afterword by Volker Dehs.

Believers

Making a Life at the End of the World *Farrar, Straus and Giroux*

"An essential document of our time." —Charles D'Ambrosio, author of *Loitering In search of answers and action*, the award-winning poet and essayist Lisa Wells brings us *Believers*, introducing trailblazers and outliers from across the globe who have found radically new ways to live and reconnect to the Earth in the face of climate change. We find ourselves at the end of the world. How, then, shall we live? Like most of us, Lisa Wells has spent years overwhelmed by increasingly urgent news of climate change on an apocalyptic scale. She did not need to be convinced of the stakes, but she could not find practical answers. She embarked on a pilgrimage, seeking wisdom and paths to action from outliers and visionaries, pragmatists and iconoclasts. *Believers* tracks through the lives of these people who are dedicated to repairing the earth and seemingly undaunted by the task ahead. Wells meets an itinerant gardener and misanthrope leading a group of nomadic activists in rewilding the American desert. She finds a group of environmentalist Christians practicing "watershed discipleship" in New Mexico and another group in Philadelphia turning the tools of violence into tools of farming—guns into ploughshares. She watches the world's greatest tracker teach others how to read a trail, and visits botanists who are restoring land overrun by invasive species and destructive humans. She talks with survivors of catastrophic wildfires in California as they try to rebuild in ways that acknowledge the fires will come again. Through empathic, critical portraits, Wells shows that these trailblazers are not so far beyond the rest of us. They have had the same realization, have

accepted that we are living through a global catastrophe, but are trying to answer the next question: How do you make a life at the end of the world? Through this miraculous commingling of acceptance and activism, this focus on seeing clearly and moving forward, Wells is able to take the devastating news facing us all, every day, and inject a possibility of real hope. *Believers* demands transformation. It will change how you think about your own actions, about how you can still make an impact, and about how we might yet reckon with our inheritance.

Monster *Harper Collins*

This New York Times bestselling novel from acclaimed author Walter Dean Myers tells the story of Steve Harmon, a teenage boy in juvenile detention and on trial. Presented as a screenplay of Steve's own imagination, and peppered with journal entries, the book shows how one single decision can change our whole lives. *Monster* is a multi-award-winning, provocative coming-of-age story that was the first-ever Michael L. Printz Award recipient, an ALA Best Book, a Coretta Scott King Honor selection, and a National Book Award finalist. *Monster* is now a major motion picture called *All Rise* and starring Jennifer Hudson, Kelvin Harrison, Jr., Nas, and A\$AP Rocky. The late Walter Dean Myers was a National Ambassador for Young People's Literature, who was known for his commitment to realistically depicting kids from his hometown of Harlem.

Your Turn

How to Be an Adult *Henry Holt and Company*

New York Times bestselling author Julie Lythcott-Haims is back with a groundbreakingly frank guide to being a grown-up. What does it mean to be an adult? In the twentieth century, psychologists came up with five markers of adulthood: finish your education, get a job, leave home, marry, and have children. Since then, every generation has been held to those same markers. Yet so much has changed about the world and living in it since that sequence was formulated. All of those markers are choices, and they're all valid, but any one person's choices along those lines do not make them more or less an adult. A former Stanford dean of freshmen and undergraduate advising and author of the perennial bestseller *How to Raise an Adult* and of the lauded memoir *Real American*, Julie Lythcott-Haims has encountered hundreds of twentysomethings (and thirtysomethings, too), who, faced with those markers, feel they're just playing the part of "adult," while struggling with anxiety, stress, and general unease. In *Your Turn*, Julie offers compassion, personal experience, and practical strategies for living a more authentic adulthood, as well as inspiration through interviews with dozens of voices from the rich diversity of the human population who have successfully launched their adult lives. Being an adult, it turns out, is not about any particular checklist; it is, instead, a process, one you can get progressively better at over time—becoming more comfortable with uncertainty and gaining the knowhow to keep going. Once you begin to practice it, being an adult becomes the most complicated yet also the most abundantly rewarding and natural thing. And Julie Lythcott-Haims is here to help readers take their turn.

Creativity, Spirituality, and Making a Buck *Simon and Schuster*

A friendly, funny, practical guide for creatives and entrepreneurs, written by a four-time Emmy award-winning and two-time Grammy-nominated composer-guitarist-producer who has worked with Paul Simon, Stevie Wonder, Jerry Garcia, Lana Del Rey, and Krishna Das, among many others. Also a beloved and highly regarded Buddhist teacher, David teaches readers how to integrate their creative process with their spiritual practice and livelihood. "How do I make a living doing what I love?" "Am I a sellout as an artist if I want to be successful?" "How do I integrate my spiritual principles with the art of running a business? And actually, um, how do I run a business?" Wondering how to reconcile your calling with your need to make a living wage, or what to do once your art starts selling, or how to achieve success in your field, or what it even means to be successful? David Nichtern offers his lived, learned experience as an entrepreneur, musician, and Buddhist teacher to first help you figure out what "success" means to you and then show you how to get there. He offers advice on the creative process and principles of business and ethics—everything from "listen to the muse!" to "protect your intellectual property!"—and provides mindfulness exercises to help you integrate inspiration and aspiration, vocation and avocation—to go from surviving to thriving. Whether you're a baker trying to grow from the farmer's market to a brick-and-mortar or a CEO exploring how taking care of your employees can be the same as taking care of your business—if you're trying to align your spiritual, creative, and financial pursuits and discover what it means to truly live well, this book is for you.

Remember

Be Here Now, Here be Now, be Nowhere Now, be Here Now, be Here Now

WBCN and the American Revolution

How a Radio Station Defined Politics, Counterculture, and Rock and Roll *MIT Press*

How Boston radio station WBCN became the hub of the rock-and-roll, antiwar, psychedelic solar system. While San Francisco was celebrating a psychedelic Summer of Love in 1967, Boston stayed buttoned up and battened down. But that changed the following year, when a Harvard Law School graduate student named Ray Riepen founded a radio station that played music that young people, including the hundreds of thousands at Boston-area colleges, actually wanted to hear. WBCN-FM featured album cuts by such artists as the Mothers of Invention, Aretha Franklin, and Cream, played by announcers who felt free to express their opinions on subjects that ranged from recreational drugs to the war in Vietnam. In this engaging and generously illustrated chronicle, Peabody Award-winning journalist and one-time WBCN announcer Bill Lichtenstein tells the story of how a radio station became part of a revolution in youth culture. At WBCN, creativity and countercultural politics ruled: there were no set playlists; news segments anticipated the satire of *The Daily Show*; on-air interviewees ranged from John and Yoko to Noam Chomsky; a telephone "Listener Line" fielded questions on any subject, day and night. From 1968 to Watergate, Boston's WBCN was the hub

of the rock-and-roll, antiwar, psychedelic solar system. A cornucopia of images in color and black and white includes concert posters, news clippings, photographs of performers in action, and scenes of joyousness on Boston Common. Interwoven through the narrative are excerpts from interviews with WBCN pioneers, including Charles Laquidara, the "news dissector" Danny Schechter, Marsha Steinberg, and Mitchell Kertzman. Lichtenstein's documentary *WBCN and the American Revolution* is available as a DVD sold separately.

The War of the Worlds *First Avenue Editions* TM

When a meteorite lands in Surrey, the locals don't know what to make of it. But as Martians emerge and begin killing bystanders, it quickly becomes clear—England is under attack. Armed soldiers converge on the scene to ward off the invaders, but meanwhile, more Martian cylinders land on Earth, bringing reinforcements. As war breaks out across England, the locals must fight for their lives, but life on Earth will never be the same. This is an unabridged version of one of the first fictional accounts of extraterrestrial invasion. H. G. Wells's military science fiction novel was first published in book form in 1898, and is considered a classic of English literature.

The Wisdom of Insecurity *Vintage*

Alan Watts is "the perfect guide for a course correction in life, away from materialism and its empty promise" (Deepak Chopra). Here he shows us how—in an age of unprecedented anxiety—we must embrace the present and live fully in the now in order to live a fulfilling life. Spending all our time trying to anticipate and

plan for the future and to lamenting the past, we forget to embrace the here and now. We are so concerned with tomorrow that we forget to enjoy today. Drawing from Eastern philosophy and religion, Alan Watts shows that it is only by acknowledging what we do not—and cannot—know that we can learn anything truly worth knowing. “Perhaps the foremost interpreter of Eastern disciplines for the contemporary West, Watts had the rare gift of ‘writing beautifully the unwritable.’” —Los Angeles Times

Words of Wisdom

Ram Dass always had a knack for heart-to-heart transmission. Far before he had a vocabulary to describe his spiritual experiences, he lived the role of Richard Alpert, a Harvard professor experimenting with psychedelics. After these first soul-expanding journeys, he spoke and wrote about his transcendent experiences with the innate, intuitive understanding of a true inner-voyager. Even before Richard realized that psychedelics weren't the final answer to enlightenment, he was more interested in cultivating a shared heart space with his patients and friends than he was in

the clinical, scientific side of psychedelia. "Words of Wisdom" is a distillation of hundreds of lectures and many hours of audio and video recordings from the last five decades—his core essential teachings. This anthology celebrates the spark that helped to ignite the flame of grace and Loving Awareness in so many hearts. By the end of his life, Ram Dass was a true conduit for soul connection. He wished for these five decades of teachings to find a home in an evolving world, and to serve as a beacon for the unconditional love and joy that he came to embody so deeply. May these teachings help to walk you home.

The Associated Press Stylebook 2015 *Basic Books*

A fully revised and updated edition of the bible of the newspaper industry

Changing Lenses

Essential Teaching Stories from Ram Dass

Remember, Now be Here, Now Here Be, Now be Nowhere