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Avoidant Personality Disorder: The Ultimate Guide to ...

Avoidant personality disorder is one of a group of conditions known as personality disorders. These disorders, in general, are enduring patterns of behavior out of keeping with cultural norms that cause suffering for an individual or those around them. Avoidant personality disorder is grouped with other personality disorders marked by feelings of nervousness and fear.

Avoidant Personality Disorder: Symptoms, Causes & Treatments

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avoidance of feared stimuli.

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