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Alcohol-related brain damage (ARBD), or alcohol-related brain injury (ARBI), is an umbrella term for the damage that can happen to the brain as a result of long-term heavy drinking. ARBD is sometimes referred to as 'wet brain' or by the name of one of the most well-known forms of the condition, Wernicke-Korsakoff Syndrome.

Alcohol and the brain | Alcohol Change UK

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